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*BA(Hons) QTS, NPQH*

Dear Parents/Carers

Later in the School year Castle Hill Infant School will be introducing an exciting new experience for the children to enjoy called "Forest School"

### **What is Forest School?**

Forest School is a fun, exciting way to learn in an outdoor setting such as a woodland. It is proven to improve children's confidence, self-esteem and communication skills, as well as giving them an opportunity to have lots of fun!

We intend to use the woodland areas within the school grounds for Forest School during a normal school day.

Children will experience outdoor learning in a flexible, self-led way; ensuring that they learn and use their imagination through new experiences; becoming highly motivated, confident, enthusiastic learners and explorers.

Children will learn how to safely use different outdoor tools. These will be supervised by adult and safety rules will be taught to the children.

### **What will my child need?**

Forest Schools will happen in all weathers and in all seasons (unless it is VERY windy or icy!), so please make sure your child has suitable clothes for the weather.

Because the children may get dirty and wet during these sessions, they will be expected to wear:

- Old trousers;
- Wellington boots;
- Fleeces or old warm top;
- Waterproof coat;
- Hat;
- Gloves;
- Waterproof trousers if they have a pair.

**Please send your child to school dressed in appropriate clothing on their allocated Forest School day, more details to follow. Wellies (named please) can be left in school as the children may need them for other activities throughout the week.**

If you have any spare outdoor clothing, outdoor shoes or wellingtons, donations would be gratefully received. We are very excited about this new venture, you can keep updated with Forest School news on our Eco School blog.

Sallie Smith

Yr. 1 Class Teacher and Community Ambassador

Chloe Such Forest School Lead and Senior Lunchtime Supervisory Assistant